

*S. C. A.*  
**Here begin  
neth the seinge**

of Urynes, of all the colours that  
Urynes be of, with the medecines  
annexed to everye Urine, and  
every Urine his Urinal  
much profitable for  
everye manne  
to knowe.

(.:.)




**I**n the begynnynge of  
thys goodlye treatyse  
thou muste take hede to  
foure thynges : that is  
to saye, to the substance  
to the colours, to the regions, and to  
the contentes, whiche longe to the  
iudgemente of vryne.


And firste loke to the vryne whether  
it be thicke oz thynne, oz els betwene  
bothe, then shalte thou see throughe  
the vryne the ioyntes of thy fingers  
and that betokeneth a bad stomake  
and water in the bowels. And if the  
vryne be betwene thicke and thyn.  
then it signifieth swellynge of the  
gall. The second is that thou shalte  
take hede to the colours of the vryne  
as saieth the maister of phisicke and  
these be y colors of waters y folow.

**O**The fyrste coloure is whyte as  
claye water of a well. Thys co-  
loure betokenneth indigestion  
and




and a bad stomake, and a bad liuer  
If thou se in this colour many thy-  
nyuge beames, it betokeneth a po-  
stume in the milt. Medecina. Take  
Gromell, Sarfrage, Perslye, and  
Sage, and boyle them in stale ale &  
drinke it. Also vse powder of them in  
thy potage.

 The seconde colour is whyte  
as whay. If this bryne be trou-  
bled, thicke, and lytell in quan-  
titye wyth whyte contentes: it beto-  
keneth the fluxe. Medecina. Make  
drynke of the sede of whyte Poppye  
and Letuse, & vse it. Also make oyle  
or oyntment of Henbane, & anoynte  
the temples wyth the same.

 The thyrde is a Whytyshe yea-  
lowe, almoste as bryghte as the  
horne of a lanterne. If thys  
bryne be lytell in quantyte, and ofte  
made, it betokeneth þe sycke mā may  
nat kepe his bryne. And this colour  
is neuer knytte wyth the substaunce  
medi-

**Medicina.** Take Triacle and boile  
it in the iuyce of Molayne & drynke  
it. Also Triacle is good therfore.  
Also take vineger and mustard and  
boyle them together, and do thereto  
as muche Triacle as wyll into the  
shell of an hasel nut, and let the pa-  
ciente vse thys medicine whan the  
syckenesse taketh hym.

 The fourth colour is as a  
whyte russet. Thys vyne if it  
be thicke in substaunce without  
grauell in the bottome, it betoke-  
neth the Colica passio. ¶ **Medicina**  
Take water Cresses and grynd the  
small, and boyle them wyth wyne, &  
drynke it at euen and at mōrowe.  
Also take hony and sethe it tyll it be  
harde, and do therto poudre of Ca-  
nell and poudre of Ginger, & vse it.  
Also make a plaster of Dyrwote and  
of wyne if it be the floures and laye  
it to the nauyll.

The



**O** The fyfthe colour is, as it were the brothe of fleshe, that is halfe sodden. This bryne yf it be lytell in quantite, and fatte as oyle, and frothy above, it betokeneth wastynge. ¶ Medecina. Take the pouder of Elenacampana, and of Turmentyl, and boyle them with clarified Honye, and make therof a confeccyon and vse it. Also for the heade, take the ioyce of Myntes, and warme it, and anoynt thy head therewith at mozowe, and at even.

**O** The syxte colour is as brothe of fleshe that is well sodde. This bryne, if it be thicke in substance it betokeneth a cotyidian feuer that commeth of fleume. And all these syxe colours befoze sayde be tokens of bad degestion. Medecina. Take Wpner and musterde, and boyle them together, and than take Treacle smuche as a bean or .ii. beangs þ is drye, than washe it wyth whyte

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wine




wine and do therto, & vse this whan  
the syckeness taketh the. Also Diaca-  
meron, and Cryasandalye, is good  
therfore at euen and at morowe

**O**The .vii. coloure is nat fullye  
so yelow as the yelow apple.


Thys Uryne, if it bee ouer all  
thynne in Harueste and in wynter,  
it betokeneth a quarayne. And if  
it be thine in castynge without sa-  
uoure, it betokeneth a tercian. Me-  
decins. Take treacle & boil it in the  
ioyce of Apleyne and drynke it, and  
Cryasandaly is good therfore.


**O**The .viii. coloure is as a ye-  
lowe Apple. Thys vryne both  
a thynne substaunce and a salt  
sauoure, betokeneth a double terci-  
and y cometh of Melancolie. And if  
it be a chyldes vryne, it betokeneth  
a cotidyan. Medecina. Take fig-  
ges Licorice, ylope, Hore houe, and  
Elenacampana, and boyle them all  
together in water tyll halfe be wa-  
sted

sted, & vse it at mozowe and at euen.

 The .ix. colour is nygh as ye-  
lowe as saffron of the garden.

This vzyne yf it be thin in sub-  
staunce, and shadowed aboue ouer  
all, moze thicke aboue, than benethe  
it betokeneth a tercian. And this co-  
lour appere in Haruest oz in winter  
it betokeneth a quartai. Medecina.  
Take Polipodion, Anneys Aloes,  
Epatyke, and medle them wyth su-  
gar, and vse it in thy potage.

 The .x. colour is reed as anye  
Saffron. This vzyne if it haue  
yealowye frothe aboue, it betoke-  
neth Jaunesse. Medecina. Take  
Mirabolanes, of Inde, and Aloes.  
epatyke, Sene, Sugar, and An-  
neys, and make powder therof and  
vse that at mozowe and at euen.

 The .xi. colour is as whyte  
golde. If thys vzyne be thin in  
substance, in a childe, it betoke-  
neth a cotydian, in a yonge man a

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tercian




tercian , and in an olde man a double terciar, and in a woman a quartayne. ¶ Medecina. Take powder of Gete and the seede of tobone creses , and the seede of Bzome, and vse it dayly in thy potage.

¶ The .xii. coloure is as reed golde. Thys coloure , yf it be thycke in substaunce , and had dowynge aboue without any boardhede, it betokeneth a lastynge quotydyan. ¶ Medecina. Take .3. iii. vi-rydys , Synamum, Sene, Annysse and medle them wyth Honye , and vse it earlye and late . Also take the roote of Saturyon, musterde seede, Pepper and Anneys and medle the together with Honye.

¶ The .xiii. coloure is reed as a Rose , This byrne yf it be more thycke than thynne , it betokeneth a brennyng feuer . Medecins, Lette hym bloude vnder the ancle, or on þe payne of the arme and take Aloes



Aloes epatike .s.i. and boyle it in a  
pynte of whyte wyne , and Drynke  
therof a sponesful at euen and in the  
mornyng.

 The .xiiii. colour is reed as a  
brennyng cole . Thys byrne yf  
it be in the begynnyng thynne,  
after reed , and thicke, and coloured  
aboue somewhat as leade, and yf the  
byrne stycke nat , it betokeneth a  
feuer of excelle of blod that is cal  
led Sinacha influctina , and yf the  
byrne stycke than it is called Sy-  
nacha putrida . In these feuers  
these be y tokens, a ruddy face great  
thrust , dye tong and sharpe, no rest  
at al, great ache in y head, & a great  
pulse wythouten ordure , and euer  
more sycke. Medecina. Take Sca-  
mony, & do it in a Beare, or warden  
rosted, & eate it . Also make pouder  
of Wyony rotes, and Werly rotes &  
Myrtle of the Oke, and vse it in thy  
potage,

A.v.

The

**O**The .xv. coloure is a swartish  
reed as it were y<sup>e</sup> liuer of a beast.

This vryne wyth a yelowre co-  
loured froth aboue, betokeneth the  
Jaunesse, and a postum of the liuer  
Also yf this vryne be draughte in the  
botome, it betokeneth the floures.

**M**edecina. Take the bone of the  
Hartes hoznes & make it to powder  
& drinke it. And vse Diacameron.

**O**The .xvi. colour is as blacke  
wine or rotten bloud. This v-  
ryne in a lastyngfe feuer betoke-  
neth death. If it be troubled, fatti  
and stynkyngfe, as the vryne befoze  
y<sup>e</sup> was reed as a cole, and this vryne  
apere in a hole bodye, it betokenethe  
brustyngfe of a bayne in the raynes  
of skyping or lyftyngfe. Medecina.  
Take Olmonde, Saupne and gro  
mel, and boyle them wyth whyte  
wine, and wyth clarified Hony, and  
vse early and late.

**The**

**O** The .xvii. colour is wanne as  
Leade . If this bryne be bloody  
all aboute , so that no resydens  
may do away the bloud hede , it be-  
tokeneth deathe Medecina . Auent  
the in thy legges , & vse þ cropes of  
Sage . Also drynke Trysandalpe .

**O** The .xviii. colour is Grene  
as wortes . This bryne yf it be  
lytell in quantite , it betokeneth  
deathe .

**O** The .xix. colour is blacke & thy  
nyng as a Rauē's fether . This  
bryne muche in quantite & thin  
in substance betokeneth deliueying  
of the quartayne . Medecina . Take  
the ioyce of Tansye and of the reed  
Cole & boyle them with white wine  
and Hony , and vse it early and late .

**O** The .xx. colour is blacke as a  
cole . This colour in an age wo  
littel fatty and stynkyng , if þ se  
thy face therin , than it betokenethe  
death , medecina . Drynke the ioyce  
of



of Celendyne, and Molayne or treacle w<sup>th</sup> whyte wyne early in the mornynge and late in the euenynge.

**C** Here foloweth the coloures of waters with cyrcles and medecines to them belongynge.



**S**tribus is like golde and syluer medlye.


This coloure betokeneth a feuer, and vnder the myddes a postume, Circulus. If there be in the cyrcle small belles as it were of raine water, it is wynd in the heade rysynge out of the stomake.


**M**edecina. Take pouder of Ele-  
nacampana, and Turpentell, med-  
led w<sup>th</sup> honye, & boyle thē together  
and make a confeccyon, and vse it.

**R**ubeus as is the fyne golde.

**C** This colour betokeneth a fe-  
uer throughe chafynge of the  
lyuer, a feuer quartayne, & a postū  
on y<sup>e</sup> lōges, Medecina, Take Treacle

ele and boyle it in wyne of Malaine.  
Also Triasandaly is good therfore.

 Subzubicundus is not so hye  
a colour as the flames of fire.  
Thys coloure betokenneth as  
dothe the other afozelayd, that is to  
weete Subzufus, but the euyl is  
more greuous in this than in that.  
Circulus. After betokenethe a po-  
stume in the bladder, or in the liuer.  
Medicina. This medicine is as  
the medicine of Subzufus.

 Citrinus lyke a pome Ozenge.  
Thys coloure in a hoale manne  
betokeneth health, and in a sicke  
man, a shakynge in a feuer tercian,  
wastynge of the Splene, and of the  
lyuer, and frenesie commynge.  
Medecina. Take Fygges, Licorice  
Horehoue, and Enulacampiana and  
boyle them in a gallon of water vn-  
to a pottell, and vse it.

Subzu-



**O** Subrubeus lyke Saffron of  
the garden. This colour sygni-  
fyeth a feuer of corrupte bloud,  
oz a vaine broken in the backe oz in  
the floures. Circulus. Fatnesse in  
the water betokeneth streitenes in  
the breste and a feuer. Medicina.  
Take watercresses and grynd them  
finall and boyle them with wine and  
drynke it.


**O** Ryanos lyke Raspes. This co-  
lour betokeneth a gout, a cramp  
in the veyne of the harte a po-  
stume in the stomake. Circulus.  
Bloud in the water betokeneth bre-  
kinge of a vaine in the backe. Redde  
grauel betokeneth a spire of the ston  
in the raynes. Medicina. Take the  
bone of the Hartes horne, and make  
pouder thereof and drynke it.

**O** Rufus lyke pure golde. Thys  
colour betokeneth Emeroudes,  
dropsye, and passynge of floude.  
Medicina . ¶ Take Honye  
and




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and sethe it tyll it be harde , and do  
therto pouder of Sene, and Ginger  
Make a plaster of Devote , and of  
wyne if it be the floures, and laye it  
to the nauyll.


 **L**acteus lyke a whaye. Thys  
coloure betokeneth deathe. And  
if the paciente sleepe not , than it  
is a longe feuer, and a fransey.


**M**edicina. Make a drinke of the  
white Popy and Letuse. Also make  
oyle oz oyntement of Henbane, and  
anoynt the temples of the paciente.

 **R**yzepos falowe as the herre  
of a Camell. Thys coloure be-  
tokeneth Dropsie and wounde vn-  
der the side, the stone, an impostume  
on the longes, and fleume . **C**ir-  
culus. If the cyrcle be grene it beto-  
keneth a great ache in the head, and  
vnder the ryght syde. **M**edicina.  
Use the croppe of Sage and drinke  
**T**riafandaly .

**Plumbeus**

 Plumbens as Purple. Thys  
coloure betokeneth the fallynge  
euyl, members broken, a feuer  
tercian, difficultnes of water ma-  
kyng, womans flowres. Circulus.  
If the circle be red, it betokeneth  
ache in the forehead, & if it be blacke,  
it betokeneth the fallynge euyl. Me-  
dicina. Take Scamony, and put it  
in a peare or warden & roste it. Also  
make pouder of the roote of Pyeny  
the roote of Persley, and of the Hy-  
stle, and drinke it.

 Pallidus, lyke fleshe halfe rot-  
ten. This coloure betokeneth a  
brennyng vnder the lyuer, a fe-  
uer, a feble head, and a bad stomake  
wastyng of the longes. Medicina.  
Take Mirabolanus Inde, Aloe e-  
patike, and a drame of Sene, Su-  
ger of ech an vnce saue Aloes make  
pouder therof and vse it.

 Viridis, grene as Colewortes.  
Thys coloure betokeneth the wa-  
styng



stynge of a naturall heate, the head  
ache and the morphewe. *Medicina.*  
Take Gynger and Canel, and tem  
per them with hony, and vse it early  
& late. Also take the roote of Satu  
rion, Musterd seede and Peper, and  
temper them with hony.


*Subpallidus* not so perfite co  
loure as ashes. This coloure  
betokeneth a postume on the  
ryght syde, tpslike, hard to make wa  
ter. *Circulus.* If this circle be white  
it betokeneth paine in y hinder part  
of the head. *Medicina.* Make pou  
der of Jete, to bone cresse seede, and  
brome seede, and vse it in thy potage.


*Subcitus* not so perfite yea  
lowe as an Ozenge. This co  
lour betokeneth the same that  
dyd y red, but not so soze. *Circulus.*

If ther be in the circle smal motes  
as be in the sunne, it betokeneth a  
reboone in the head, deafenesse, pole,  
heauines. *Medicina.* Take pouder  
B.i. of




of Polipody, Annes, Aloes epaticū,  
and myngie them woth sugar, and  
vse them in thy potage.


 **Inopas** as blacke wyne, and  
olde. Thys colour betokeneth  
much trauayle ensuyng a bay  
ne rotten in the raynes. Medecina.  
Take Olmond, Saueray and gro-  
mell, and boyle them in wyne and a  
lyttell Hony, scomme it and vse it.


 **Rubicundus**, lyke flames of  
fyre. This coloure betokeneth  
a feuer, a cough, an oppzessyon  
of the herte, and of wynde.

Medecina. Take Vynegar and  
musterde and boyle them togyther  
and than take treacle, as muche as  
a nutte, and put therto and eate it in  
thy sykenesse. And vse Dyacameto  
and Trrasandaly.

 **Subiuridis** a darkishe grene,  
Thys coloure betokeneth as  
dothe the other grene, but it is  
not so soze as it is. Circulus. Wyth  
grauell

grauell, betokeneth ache in þ backe  
nigh vnto the foundamēt . medecina.  
Let hym bloude vnder the ancle or  
in the wayne of the arme and take a  
pynte of whyte wyne, & boyle therin  
a dramme of Aloes Epatyke, and  
drynke a sponesfull early and late.

 Niger, as blacke as a blacke  
horne. This colour betokenethe  
a feuer quartayne, the blacke  
Jaunesse, death in short tyme. Cir-  
culus, water full of small tretes be-  
tokeneth drye cōpleccion, a poitume  
in the ryght side, scales as it were  
of fyshes, stoppyng of the floures  
and scabbe in the matryce . medeci-  
na. Drynke the ioyce of Celondyne,  
Molayne, and Treacle with whyte  
wyne early and late.

 Albus, lyke a clere water, and  
it betokeneth wastynge of the  
splenne, the Dropsye, woodnesse  
pyssynge agaynst wyll, chafynge of  
the lyuer, emerobodes, and stopping  
of the flowres . medecina . Make



a drinke of Gromel, Sarifrage, pe-  
rity, Sage, Bugle & Hempe, and  
sethe the in stale ale & drinke it, and  
use the powder of the in thy potage.



Glaucus a whytyshe yealowe  
as the horne of a lantern. This  
coloure signifieth indigestion  
a postume in y<sup>e</sup> right side, ofte times  
a feuer, tylicke, and a bladder in the  
longes. Medicina. Take the iuyce  
of Tansey, & the red Coleworste and  
boyle them with wyne, and wyth a  
lytle honye and use it.

When the bzine commeth that  
hath great contentes as it wer  
Quetoz after the castynge of the b-  
rine, if it stynke moze than it shulde  
do of kynde, it betokeneth payne in  
the raynes and in the splene. And if  
thys Quetoz stynke not, it signyfy-  
ethe paine in the lyuer, and badde di-  
gestion. Bloud and if be clere and  
pure it betokeneth breakynge of a  
vaine in the liuer, if it be lytle wyth  
a stronge

a stronge sauoure & like in gobettes  
in the bottom, it cometh fro the blad  
der, yf it be spotted as bloude & reed  
than the payne is in the raynes and  
in the share, if it be clere & blackyshe  
than the payne is in the backe and  
in the share and about the bladder.

**C** Ralow humours is a contente of  
the vryne whiche thou shalt knowe  
thus. If the vryne after his casting  
flete full of grauel motes, the why-  
che come of the resydence of the bo-  
tom, or in the mydde regyon, than  
in the vryne be ralow humours. And  
yf the ralow humours be aboue on  
the water, it betokeneth a strayte  
hede in þ brest & shorte of bzethe and  
nyppinge of the spleene. And it ap-  
pere in þ middes, it betokeneth grud-  
ging in the body and clensing in the  
guttis, and boynde in the stomake.

All this cometh of excelle of meate  
and drinke. And if they be in the bo-  
tom, the payne is in the raynes and



somtyme it is in the cobbe. Fat  
heed without Arrys betokeneth wa-  
sting of grece about the foundamēt  
If it be wyth an arris it betokeneth  
wastynge of the bodye. In the fyrst  
spyce of the Etyke the fat heed ho-  
ueth aboue the parties as it were of  
fat brothe. The second spyce that hyl-  
lethe all the byrne aboue, is lyke the  
webbe of Erren. The thyrde spyce  
the byrne is thicke ouer all fat as  
oyle, & if it be cast on a marble stone  
it sheweth as oyle, and thys spyce is  
vncurable. Vermen contentes they  
be lyke to byrne, somtime rounde as  
scales of a fythe. If they appere w-  
in an Arrys, they betoken the fyrste  
spyce of y Etyke, they do appere like  
vnto byrne that hathe lytell of the  
flore wyth hym. In the thyrde spice  
of the Etyke, there do appere contē-  
tes lyke these two fyrste, but they be  
greater, and than they be all whyte  
in grauel; reed betokeneth the stone  
in the

in the raynes . If the garuell be  
white oz blacke, and harde & greate  
it betokeneth the stone in the blad-  
der . And if they be reed and neshe  
it betokeneth bzent bloude in the li-  
uer . Notes that be whyte and  
small and rounde betokeneth the  
goute both in the man and woman.  
If they appere in the botom, it be-  
tokeneth the reumatike goutte, both  
in the stomake and in the brest.  
If they do gather than in a rounde  
gobette and do lye so thynke on the  
botom vnder the cyrle , yf they be  
reedyshe and rounde it betokeneth  
a man chyld . If they be whyte oz  
blewe and thynne as scales it beto-  
keneth a woman chyldz . Heeres  
that be long and small, yf they shew  
wyth an Alccys , it betokeneth wa-  
stynge of the bodye . And yf wyth  
the accis be a flyr and these heeres  
appere it betokeneth death.

Spermatyue resolucios yf they

B.iii.

appere



appere fletynge about in the vzyne  
and the vzyne rawe in colour, it be  
tokeneth pyffinge, of kynde with-  
out lpykynge. If the vzyne be hye  
of colour, it betokeneth that it was  
made, post suppositum. ¶ Also  
yf they appere in the vzyne and the  
vzyne be whyte of colour, wyth re-  
solucions blacke and blewe beinge  
in the botom it betokeneth the Em-  
erowdes. Also yf the contentes be  
blacke or blewe or Purpure wyth a  
lowe colour, it betokeneth stoppyng  
of the floure. ¶ The laste content  
is called Apostacis. It standeth in  
the botom, brode beneth and sharpe  
vpwarde. If this content be whyte  
and brode in the botom, and sharpe  
vpwarde wythoute breakynge and  
longe lastyng, it betokeneth that the  
sycke is worse than he was. If it  
be broken or haue in the myddes or  
els about in the parties, it betoke-  
neth that the sycke man is colde in  
the

the lyuer and it may not defye. And  
it be in the myddes, than it is called  
Septyls, and it betokeneth badde  
degestyon, and lengthe of syckenes.  
And it be blacke, it betokeneth des-  
truccyon of kynde and deathe.

**A**ddo haue I shewed you the  
substaunce of vrynes, the co-  
lours, the regyons, and the conten-  
tes belögyng to vrynes. And now  
wyl I shewe the compleccyons. If  
the vryne be thicke and reed than it  
betokeneth bloude. And if it be reed  
and thynne, than it betokeneth co-  
loure. And if be thicke and whyte  
it betokeneth fleume, & if be whyte  
& thynne than it betokeneth malan-  
colye. And yf thou knowe the com-  
pleccyons, by the coste of the vryne  
loke if it be swete, thā it betokeneth  
bloude. If it be sowre it betokeneth  
coloure. And if be whyte wout sa-  
uour as water it betokeneth fleume  
& if be salte it betokeneth malācholy

B. b.

Howe



**H**ow þ cōpleccions be gathered.  
**I**f thou wilt know where the-  
se cōpleccions be gendred in a  
mā's bodye. I saie that colour  
is gendred in the liuer and his dwel-  
ling is in þ cofer of the gal. Bloud  
is gēdred in the liuer, and h's dwel-  
linge is in the bayne. Fleume that  
is naturall is gendred in the lyuer,  
and it hath no proper dwelling and  
therfore he is medled with the bloud  
to make the bloud renninge Malā  
coly is gendred in the lyuer and his  
proper dwellinge place is in the sple  
Malancoy and fleume kepe the bo-  
tom of the byrnall.

Howe thou shalt dyscerne mans  
byrne fro womans byrne, & beastes  
byrne fro man and woman.

**T**hus I wyll that thou vnder-  
stande that yf there be anye  
troubled in mans byrne it shewethe  
in the myddes of the byrne, and in  
the womannes byrne it dothe nat so  
and

and there is thys the froth after the  
castynge of mannes vyne it shall  
be long, and of a womans after the  
castynge it shal be rounde. These  
two laste tokens, Auicena saith.

**C** Nowe beastes water fro mans  
water. Beastes water is the sadder  
& moze suple of cōpleccyon. Also the  
beastes water swelleth moze thā the  
mannes. Another medle the vyne  
of a beaste with a mans vyne, and  
they shall part a sonder. And it be a  
Cowe that is wyth calfe it is good  
to knowe fro a woman that is with  
chylde, for the drestes or the conten-  
tes of the Cowes vyne is muche  
greater than the vyne of a woman  
in as muche as the woman is lesse, &  
fairer of cōpleccion than y cowe is.

**C** If thou wylte knowe the fyrste  
water and the seconde, the godheed,  
sheweth whether he be in greate  
eating & drynkiug and than the first  
water is greater in quantite or lesse  
stynkyng





stynkyng than the seconde, or els if  
he lyue measurablye, than the fyrste  
shalbe moze thicke than the other.


**C** Nowe haue I tolde y of the sub  
staunce with the colours of the byr-  
nes and compleccyons, & to knowe  
mannes byrne, and womans wyth  
chylde fro the byrne of beastes.

**T** Here foloweth the verye knowe  
ledge of all byrnes.

**M** En and women fyrst I wyl  
begynne at the byrne most:  
for your helpe and health.

 Uryne fat and troubled, beto  
keneth a brennyng feuer that  
commeth of coloure.

 Uryne that is reed and thicke,  
ouer al with a blacke cyrcle, be  
tokeneth syckenes ouer al, and  
the pacyent sweate not it is deathe.

 Urine that is white and thyn  
and lytle done, it betokeneth  
colde in the bodie.

**Urine**



Urine clere with a blacke circle betokeneth that the sycke is tpsyke.



Urine thynne and somewhat red & clere with a bzight circle betokeneth a bad stomacke.



Urine thinne and somewhat grene aboue, signifieth colde cōpleccion. And it shew blewe aboue in the castynge, it signifieth tpsicke.



Urine thinne and somewhat blacke aboue in the casting betokeneth great losse of nature.



Urine thicke and troubled as horse pisse signifieth head ache.



Urin fat in the botome, white in the middes, and red aboue, signifieth a feuer quartaine.



Urine that is fat lyke fleshe, and hath Drosse in the botome as shadowinge, it signifieth the colde Dropsye. Also if it be as whaye



whaye aboue clere in the myddes, &  
shadowed benethe it betokenneth a  
hoate Droplie.

○ Urine that hath the blake drestes  
in the botome lyke gobettes of  
cooles, yf it be parted a sonder  
and not greate, it betokeneth woꝝ-  
mes in the body.


○ Urine that hath blacke conten-  
tes small as metes in the myd-  
des of the water it betokeneth  
a postum vnder the side.


○ Urine that hath in the botome  
as gobettes of fleshe, or small  
chiues, or rasing of parchment,  
it betokeneth stoppinge of the ray-  
nes and the pypes Epatyke.


○ Urine y<sup>e</sup> is blacke and grene w<sup>th</sup>  
longe white contentes, lyke the  
kynde of a man, it betokeneth  
the palsy, and it be frothe and like  
lead in the myddes, it is the palsey.


○ Urine that hath graynes vn-  
der the cyzle, it betokeneth a  
stomake


to make full of woormes. Also bren-  
nyng of the herte.


 Urine that is foule about be-  
tokeneth heate in the herte, in  
longes, and in the splen.


 Urine that hath contentes to  
a blake in the botom betokeneth  
costyfnesse.

 Urine that is longe lastyng be-  
tokeneth bytynge in the body,  
and great reuome.

 Urine thicke & lytell in quātite  
and lyre of coloure betokeneth  
great brennyng in the bodye.

 Urine that is frothy, clere, and  
lytel reed, betokeneth payne vn-  
der the ryght syde.

 Urine y<sup>e</sup> is frothy betokeneth  
wynde and payne vnder the  
lyft syde.


 Urine as reed as a cole, betoke-  
neth a postume on the lyuer.


 Urine reed as brēt gold, if it be  
Edzopyke, it betokeneth death.


Urine





107a

 Urine of women that be with  
chylde, the water shall haue  
some clere strikes, the mooste  
parte shall be troubled, and the trou-  
blednesse shall be reddishe, in the ma-  
ner of taboynye, and this token shall  
neuer fayle. As sone as the chylde  
hath lyfe, and it be a girle, the trou-  
blednesse shall drawe downewarde,  
and if it be a boye, the troublednesse  
shall hooue aboue.


 Urine of a woman white and  
heuy and stinking betokeneth  
paine in the raynes, and paine  
of the mother, and sickenes of cold.


 Urine of a woman colozed as  
bryght gold betokeneth talent  
or desirous of y<sup>e</sup> cōpany of mā


 Urine of a womā that fleteth  
fatte aboue, betokeneth paine  
in the raynes.


 Urine of a womā with black  
contentes in the botome beto-  
keneth falling of the floures.

Urine

 Urine of woman wyth white  
contentes in the bottome, beto-  
keneth much heed of floures.

 Urine of woman coloured is  
as whyte leade, yf she be wyth  
chylde, it betokeneth that the  
childe is deade wythin her. And she  
be nat wyth childe and the water  
stinke, it betokenethe that the mo-  
ther is rotten.

 Urine of a woman coloured as  
Lynsede, and she haue the flyre  
than it betokeneth death.

 Urine of woman reed as gold  
with a watry cyzele aboue, beto-  
keneth that she is wyth chylde  
And take hede yf thou se thy face in  
a womans water, and she be with-  
out a feuer it betokeneth that she  
is with chylde. And thou se thy face  
in the byrne of a hote feuer, it betoke-  
neth death. And thou se thi face that  
hathe none arcyss, it betkeneth lon-  
ger syckenes.



**H**ere foloweth all þe byrnes that  
betoken death as well the brine  
of a man, as of a woman.



**I**n a heate Urines one  
parte redde, another  
blake, another grene  
and an other blew betoke  
neth deathe.



Urine in a hote Urines blacke &  
lytell in quantitie, fattye and  
stinkyng, betokeneth death.



Urine ouer all coloured as  
lede betokeneth a prolongynge  
of deathe.



Uryne darke aboue and cleare  
byneth betokeneth deathe.





Urine that shineth rawe and  
ryght bryght yf the Syken in  
the botom thynne not it betoke-  
neth deathe.





Uryne thynne in substaunce, ha-  
ving fleting aboue, as it were  
a derke skye betokeneth death.

Urine

 Urine drestye , stinkyng , and  
derke wyth a blacke skye wyth  
in hym , betokenethe a pꝛolon-  
gynge of deathe.

 Urine that is of the coloure of  
water , if it haue a darke skie in  
an Arces , it betokeneth deathe.

 Urine that hath drestes in the  
botom medled wyth blode , it be  
tokeneth death.

 Urine blacke and thynne , yf  
the sycke loth whan he goeth to  
the pꝛiuy , and whan he speake-  
the ouerwharte , or that he vnder-  
standeth not a ryght , and these syke-  
nesses go not from hym , they beto-  
ken deathe .

The thyrde knowlege of vryne  
the whiche is called the  
regyons.

**T**hou shalte vnderstande that  
in the vryne whan it is in the  
vrynall there be three regyons , the  
fyyste , the seconde and the thyrde.

C.ii.

The




The thyꝛde beginneth at the botom  
of the vꝛinal and lasteth to the thicke  
nesse of two fingers bꝛede vꝑward.  
The seconde beginneth there as the  
thyꝛde dothe ende, and lasteth vꝑ  
warde to the cyꝛcle, and the fyꝛst fro  
that all vꝑwarde, and in euerye of  
these regions be dyuers contentes.





Nowe wyll I shewe the  
foure contentes that be  
long to vꝛynes and fist  
I wyl begin at froth.  
Frothe þ dwelleth and  
cleueth to the cyꝛcle, betokeneth in-  
degestion and wounde in the stomake  
and in the bowels and in the head.  
And yf aboue þ frothe dwell greate  
bubbles it betokeneth greatz payne  
in the raynes. Froth also that dwel-  
leth greate, betokeneth indegestyon  
and wounde. And yf the frothe dwell  
small, it betokeneth the bꝛemyng in  
the stomake and bꝛent bloude in the  
liuer


lyuer, If the froth be ful of graines  
it signifieth reume in the head, and  
in the breste, and the blacke Jaun-  
nelle. And if it be greene, it signifi-  
eth the Jaunnelle that commeth of  
brent bloud in the lyuer, as of enuie  
and wraath, and both be in the spyre  
of the Jaunelle &, also of the blacke  
Jaunelle is swellng of the gall.  
And it be a soarty the yelow it com-  
meth of greate heate of the bloud of  
the lyuer. A small skye appearinge  
and shadowyng the byrne aboue,  
if the byrne be a partie blew, it sig-  
nifieth paine at the herte, and short-  
nes of brette and wynde that com-  
meth of the longes, and if the byrne  
be not blew, and suche a skye sha-  
dowe the byrne aboue, it betokeneth  
chafynge of the lyuer, and specially  
if the frothe be yelow.

 A cyrle thycke and lytell co-  
loure betokenneth payne in the  
braynes.





 A circle thicke and lytell, and coloured as purple betokenethe payne in the forehead e.

 A cyrcle blacke or whyte, thynne and lytell coloured, betokeneth payne in the lyfte syde of the heade.


 A cyrcle thynne and hve of colour, as reed, or yelow betokeneth payne in the ryghte syde of the heade.


 A cyrcle coloured as blode betokeneth Epulence.


 A cyrcle grene betokenethe waquerynge in the heade and brennyng in the stomake. And it appeare in an Arcys that is hote, it betokeneth the frenesy that cometh of colde.

 A cyrcle that is coloured as a bryght blewe, yf it trymble it betokenethe Deathe, and name-lye an hote Arcys.

A cyrcle

 A cyrcle thicke, and blacke o-  
uer all betokeneth death.

 A cyrcle that quaketh betoke-  
neth paine fro the necke downe  
to the rygebones ende

 Graynes that dwel in the cir-  
cie after castynge of the bryne  
gone downe, and after ryle vp  
agayne to the cyrcle they betoken  
rewme in the heade, and yf they go  
downe and tourne not agayne to the  
cyrcle, than they betokeneth rewme  
in the brest, in the longes, and in the  
splenne. And yf thou se two small  
graynes in the seconde region or mo  
or lesse knitte to a small skye, that it  
betokeneth payne in the brest of rew-  
me, and wicked stomake, bad lyuer,  
and bad longes

How thou shalt know the pulse.



When thou touchest þ pulse  
w thy foure fyngers, yf þ  
pulse vnder thi litel finger

C.iiii.

be



be felt and smytynge and vnder the  
leche fynger it be stronger, and vn-  
der the mydle finger moze stronger,  
and so goyng vppward, it sygnifieth  
good, and it be contrarie, it is euyll  
and sygnifieth deathe, as thus.

If the pulse be feble vnder the fyr  
fynger, and vnder the seconde moze  
feble, and so goyng vppwarde it syg-  
nifieth deathe. Also if the pulse be  
flite vnder foure fingers to be come  
to hys stroke, and he fayled in the .xi  
stroke it is good. And it be contra-  
rye, it betokeneth death. And if the  
faulte come of the .xi. & be feble and  
in the .x. moze feble, in the .ix. and so  
goynge downewarde, that betoken-  
eth death.

**D**e gradibus siccitatis et caliditatis  
sciendum est.

**Q**uinnus gradus siccitatis et calli-  
ditatis est, cum aliqua res habeat  
vnam porcionē frigiditatis et duas  
caliditatis, tunc res illa dicitur esse  
calida

calida in primo gradu. Secundus gra-  
dus est quando habeat unam porcio-  
nem frigiditatis & quatuor caliditatis  
tunc dicitur esse calida in secundo gra-  
du. Tertius gradus est quando habe-  
at unam partem frigiditatis et octo ca-  
liditatis, tunc dicitur esse calida in ter-  
cio gradu. Quartus gradus est quan-  
do habet unam porcionem frigidita-  
tis et et sexdecim caliditatis tunc di-  
citur esse in quarto gradu.

De etate lune quando est sicca vel  
calida.

Primus etatis lune calida est & hu-  
mida. Secundus calida & sicca. Ter-  
cia frigida et humida. Quarta frigi-  
da et sicca.

#### Quatuor Elementa.

Ignis est calidus et siccus. Estas  
colera. Aer calidus & humidus, Ver  
Sanguis. Aqua frigida et humida,  
Hiems Etuma. Terra frigida & sic-  
ca, Autum, Melancholia, Sanguineus  
multum appetit & sic potest. Largus,  
amans



amans' hiliaris', ridens', rubiqz colo-  
ris' Cantans' carnosus' satis audax  
valde benignus' flegmaticus' parū  
apetit and multum pōt. Hic sōnolētus  
piger in spiramine vultus hebes' hic  
sēsus pignus' facie, Color albus, Co-  
lericus multū appetit et parū potest  
hirsutus, fallax, irascens' prodigus,  
audax, astutus, gracilis, siccus, cro-  
ceiqz coloris.

Melēcolicus parū appetit & parū pōt  
Inuidus, et tristis, cupidus, dexter-  
que tenacis. Non expers' fraudis tē-  
midus, luteique coloris.

For the Dropsye be it hote or be  
it colde to hele man or woman that  
euer shalbe healed wyth  
medecyne.

**M**EN or women yf euer you  
wyl be holpen of the Drop  
sye hote or colde take Wormewode,  
Betimozel, fetherfoy Spurge and  
Walwort, of the roote, of eche halfe  
a pounde

a pounde, Fenell, Perly, Ilope,  
Sage, Smalage, Annneys, Dyn-  
tes, well Cresses Horehounde, En-  
diue, Auerwort, the mydle barke of  
an Elder tree, of eche a quartre and  
washe cleene the rootes and the her-  
bes and powne them well in a moz-  
ter, and do it in an earthen pot, that  
was neuer occupied and do therto  
two galons of good whyte wyne, or  
good wort that is not touned, and  
leth it to it come to a galon, than ta-  
ke it downe and strayne it throughe  
an hearen syue into a fayre vessell,  
than washe the sayd earthen potte  
fayre and cleane with fayre water, &  
whā þ hast done put in the licoure a  
gayne into the same potte, & couer it  
fayre, gyue of it to þ pacient an half  
pynt full at a tyme, and lette him vse  
it fyrste and laste, at euen hote, and  
at morowe cold. And let him eate no  
meat. iiii. dayes, but breade and po-  
tage made of wellozes and of whyte  
wyne



woyne and otemeale. And let hym  
take .i. li. of faire Sage and washe it  
it cleane & do it in a coffyn of doughte  
that is made wyth wheate, and do it  
in an Ouen and bake it as bread is  
baked, and than stampe thy coffyn  
in a brasen morter, and do it in a  
fayze cloute, and putte in the sayde  
cloute wyth the sayde confection a  
wayghte the whych shal peple three  
poundes, and hange it in a galon  
pot of stonne, and fyll it full of good  
white wine, oz of stale ale, and couer  
thy pot that the ayre go not oute,  
and let the sycke drynke no drynke  
but that ale whyle it lasteth. And  
whan that is gone, make redy more  
of the same, to the tyme he be hole,  
& that he drynke none other drynke  
but that is ordeyned both fyrste and  
laste. And after that three dayes  
be gone of eatynge of hys potage  
let hym eate any comueniente meate  
that he desyrezeth, but nothyng of  
drynkes

drinckes, but as befoze is sayde. And  
by the grace of god he shall be hole  
in a moneth or lesse. Also let hym  
bloud in one vayne or two, for thys  
is proued trewe.

**T**he matter folowinge treateth  
of humours, and fyrste of the a  
uoyding of humours.

**S**Euerallye to treatate of euerye  
humoure: the humours that  
betoken muche abundaunce in the  
brest, in the longes, or in anye other  
place of manne, they maye be defied  
wyth thys digestion. Make a receit  
of Calaminte, Pulvall royall, the  
rote of a Lylly, Glade, Brotherwort  
Mayden herre. i. li. Licorice. ii. dra-  
mes, Fenell, a dramme, floures of  
Violettes. ii. drammes, Sugar. iii.  
pound, and make a Sirope.

The hote humours that abyde  
withyn the body must be defied with  
this digestion. Take Mandenherre  
Anise, Endiue, Flope, freis, Har-  
les



tes tonge Ceterat Polytrycū, a bra  
ken that groweth in the marres a  
monge stones Adeantes an hand  
full and an halfe , Cole sede euen a  
dramme. Cauda ponudes boyth to  
sede two drammes : from gunara  
flowers of Borāge .iiii. drammes,  
Gynger .ii.li. and make a Syrope.

If humours of coloure be in the  
Stomake oz in the lyuer, oz in any o  
ther lyke it shalbe defyed by this de  
gestiō . Take Hertetonge, Endyue,  
Sowythstell, Cyroze ryghte lyke,  
Daundelyon nyghe an handeful  
Gladden , Mayden here Brakes of  
the fenne .M.v. Violet.iiii. Drāmes  
prunes, Roole sede, Letuse sede Sā  
dalaig .M.v. Cleue sot , a dramme  
sede of Barbarinis a dramme , Bo  
rage leues .ii. dramme, sowze wynee  
i.li. Sugre .ii.li. and make therof  
a Syrope.      Nowe yf colde hu  
mours be haboundaunt in the same  
membres they may be defied bi this  
Degestion

degestiō. Take Ambrose and tame  
Sage.iii.handfull, Camomyll, Ho-  
nysokles, femellis, Reoyte Bopn-  
wozte, Spereworie, fyue leauyd  
gras, Hartelyuer Denywozte, that  
groweth in the marres, Columbine  
Gladen, the great Daylve, and the  
lytell Daylie, Sowthystell, Maidē-  
here, Horehounde, Buble rootes  
℞.ii. Hony and Suger.ii.li. soboze  
woyne and make a Syrope.

If melancoli humours be abou-  
daunt in the splene, oz in other pla-  
ces oz membzres lyke, they shalbe de-  
fyed by thys degestyon. They shall-  
be defyed as colde humours be in y-  
lyuer, but ther shalbe put therto the-  
se herbes Hartestone, and of the my-  
dle barke of the Date tre, and of the  
mydle batke of asche tre. Rowe  
yf humours be bzente and dzyed in  
the splenne oz mylte, than shall it be  
defyed wyth thys degestyon. Take  
the ioyce of fumitory and Bozage.



ii. li. Scabious, Affodyll, fumitory  
dockes that growe in the Marishe,  
Bugle, stychemwort, Cicore, Leeke,  
Dandelyon, Hartes tonge, Endiue,  
Sowthistle. M. i. Sicardes, Rose  
seede, Endiue seede, and Letuse seede,  
ana. a dramme, Violet floures, Bo-  
rage. iiii. drames, Sugar. ii. li. foure  
boyne, and make a Sirupe.

Colde humours in the raynes, and  
bladder or in other mebers like shal  
be defied wryth this digestion. Take  
rotes of Percelie, Macidony, Phi-  
lipendula ana. m. i. bothe the water  
Cresses, fiede, byze, fyue croppes  
of fyue leaued grasse, seede of Celi-  
dony, Rosemarie, herbe Thon, Gla-  
den, iuyce of Celidony, iuyce of Per-  
celie. i. li. Granyll. ii. drames, Spike-  
narde, seede of Cucumber, Cemo-  
myll, Honyfocles, fynkle ana a  
dramme, Percelie seede, Stanmarch  
seede, Boyneworte, and wyldc Lylly  
Spereworte, Mallidium ana one

li. Honey, Gynger. i. li. wyne of soute  
grapes. i. li. and make Syrupe.

¶ Now if hote humours abound in  
the same members they be defyed as  
hote humours in y<sup>e</sup> liuer, with moze  
thereto, as Persley rotes, fiue leaued  
gras, Spewwort, Gladē, fenel rotes  
and make the syrupe as the other.

¶ Now if colde humours abounde  
in the maries, they shal be defied as  
colde humours be defied in the ray-  
nes wyth thys. Put to Mugworze,  
Calamint, rotes of gladen, garlicke  
Lylie, Betony, iii. drames. If hote  
humours abounde in the marpes,  
they shal be befied as other hote hu-  
mours in the raynes, but do there-  
to moze Mugworze. And colde hu-  
mours abounde in the ioyntes, they  
shal be defied thus. Take the wyce  
of herb<sup>e</sup> yuie. li. or take herbe yuie,  
and Mugworze. m. i. Gladen, Lylie  
rotes, Endiue, Capillus Veneris a  
deantes. m. i. Floures of Cammo-

D. i. nypil



myll, floures of Honysokles, fenell  
wilde Lili sede, Sperewort sede, a  
drame of a rose, cleane Licorise, sede  
of Letuse a dramme of Honye, Gyn  
ger, .i. li. and make a Syrope.

¶ And there be hote humours that  
habounde in the ioyntes they shalbe  
defyed thus. Take Endiue & Sou-  
thystell, Hartestong ioyce of Iue, &  
of herbe Iue, Uiolet, flours of Cā-  
momyll, Honisokles, rose, sede of Le-  
tuse, vt prius.

¶ And knowe well that there be  
humours composed & haboundaunce  
in the same membres, and so they  
must be defied lyke as they be com-  
posed in diuers humours. And mem-  
bres, medecynes laxatiue compost,  
and gendred together as dyuersytpe  
of humors, and membres.

¶ There be some receytes that prin-  
cypallye voyde fleume, as doctours  
do saye and they call them Electua-  
ryes, as these that do folowe. Tera-  
pigras

pygra, Benedicta, Blanca, Jodo-  
rycon, Anacardium, Stomaty-  
cum laxatium, Pillearchi, Pauli-  
num. There be other receytes that  
pyncypally do purge Melancoly,  
as these Ketarcarya imperpale, Je-  
rafni, Diacene. Trisfera laracyna,  
Feralogodion Theodozum, Cupze-  
ston. Nowe some there be that prin-  
cypally boyde colour, as a Lectua-  
rye de succo Rosarum, and Diapru-  
nis. Also diuersitees of membez, di-  
uersities of medecynes.

Also Terapigra, and Benedicta  
of theyr properties, shoulde boyde  
fleum, and Beuedicta namely in the  
raines, boydeth fleume, Refro-  
lyn & Ferasacca do purge properly  
the fleume in the heade. Also it is  
good for the eares and the eyes, and  
it purgeth the hardnesse of the splen,  
and it maketh cleane the Harpes.

Benedicta þ is called the blessed  
recryte, for it is good for the Goute,

D.ii.

in the



in the ioyntes, in the handes, and in the fete, in the bladder & in y<sup>e</sup> raines.

Bucla is good to purge humoures fleumatike and for the venim in the arme that is called Cephesia, & it is good for ache in the raines, for the Palsie and for the Epilence.

Anacardium is called Anacardis, whose propertie is to enter and boide fleume properlye of the head, and most behynde, and this lectuarie shall restore againe the boytte, to gather memorie, and the turning of the braine the whiche is called Vexator of fleume. Also it profeteth againste the sickenes of the Maries or sickenes that commeth of a colde cause.

**S**tomaticum laxatiuum et electuarium dulce purgant humores frigidos in stomaco.

Billule Arthiria properlye do pouрге fleume in the raines. And is good for the gout in the handes and feete

fecte as Potagre.

Dilule Aure do purge fleume in the head, and properlye they sharpe the whyte of the eyes. And they be good agaynste siknesse of the eyes.

Dylule Fetyde they purge great fleume in the iointes. They be beste for the Sitica passio, the which is a malady that begineth in the raynes and draweth to the herte, and it byteth a man or a woman as sore as they shulde die. And a greate whyle after it passeth away the wynde, but there shall no meate for the tyme passe throughe them. Also Dilule Fetyde be good for ioyntes.

Dilule de Euforbie do pourge humours of fleume fallinge fro the brayne to the sinowes. And it is good for the Palsye, whiche confectyon Auycen the doctour drew out of the Antedotarpe.

Dilulie Chochie they pourge humours fro the webbe of the brayne.

D.iii.

and



And it is good for the Epylence.  
Pallynum is called the greate an-  
tedoctary, it hathe great vertue. It  
is a good lectuarie for the longes  
for th: olde coughe that is depar-  
tyng of the colde humours fro the  
head to the brest. And it is good for  
the bycesse of the breste of colde hu-  
mours and purgeth the heade, the  
brest and the stomake of fleume, and  
melancolye. And the quantyte that  
shulde be vled thereof is the weyght  
of two pens halfe peny at ones, and  
the pacyent be stronge of complec-  
cyon than gyue to the pacyent two  
drāmes, that is double that weyght  
befoze sayde, and so it durethe and  
worzketh as dyuers humours do a-  
byde in diuers membres moze than  
nature wyll Euenly dyuers medy-  
cynes shulde euenly be medled togy-  
ther. And of some medecyne moze  
than of another, as medecynes that  
be compounded shoulde be sharped  
with

woyth diuers' sharpynges . And the  
medecyne shuld be made of dyuers  
thinges , as the dyuersyte of hu-  
mour's do aske.

**C** Here folow medecynes to  
purge Melancoly.

**P**urgynge of medecynes Melan-  
colyous , the first is Tera Rusti-  
ni the which purgeth and boydeth  
Melancolyes : so that it is good for  
thē that be scabbe of a salte fleume,  
and for an euill called Elephecye  
nyghe as it were lepr. And it is  
good for the Mozefewe that wyll  
chaunge in dyuers places.

**A**lso Diacene a lectuarie, wyl as-  
uoyde y habundance of humours  
in the splenne, and the herte . Also yt  
is good for y splenne , or for them y  
be troubled wyth fantasyes or so-  
rowes **T** Trifera sarasenica, it is  
called Trifera because it makethe  
olde men to appere yonge men. And



it is called **Sarasenica** because it  
was founde among the **Sarasyngs**.  
It voydeth **Melancolye** out of the  
heades, the stomake & the liuer, and  
the synowes that go to the splenne.  
Also it is good for **Veterica** whiche  
is called the great **Jaunesse**, whiche  
commeth of colour that is bzent.

¶ **Perologodyon Symphytum**,  
**Fera Sacra Logosa** and **Struere**  
**Simphitum** and **Impeditum**. This  
lectuary will heale a man that may  
not speake, for it purgeth properlye  
out of the heade **Melacoli** & fleume  
so that it is good for the **Synowes**  
called **Vertige**. Also it is good for  
a venim that is called **Clepsyte**.  
Also it is good for them that dreame  
on nightes that they se diuers spyr-  
ites. ¶ **Caterica imperiale, et laxa-**  
**tium**. Emperours and great lordes  
founde this lectuary, it purgeth  
**Melancoly** humours in the raynes  
and an euill that is called **Refractis-**  
**cis**

ris. Also it letteth foule winde out  
of the stomake and the raynes.

Also it is good for Illiolum the whi  
che is a malady that rotteth deadlie  
wynde riseth byneth in the chynes  
ende and goeth to the hert.

**C** Here foloweth Electuaries to  
auoide Coloure.

**R**owe wyl I wyte of them þ  
auoide coloures, and first of  
the Elecuari called Diapruni.

It is called so because it standeth  
most by Prunes, and it holdeth co-  
lour fro þ stomake and fro þ liuer.

**E**lectuarie of the ioyce of Roses,  
that is properly againste the hote  
Goute and purgeth the reed colour.  
And it is good for the sykenesse in  
the ioyntes of colour. And for them  
þ be right sicke in þ feuer tercyan.

Howe thou shalt knowe to gyue  
the quantyte of Medecynes.

**M**edecines befoze that they be  
compounded together, they

D.v.

be



be dyuers in the makynge, as some  
of more and some of lesse, as of Sca-  
mony and of other benimous moy-  
stynges and byolente, as Turbyt,  
Eleboze, agrit, Euforbe, Colo, Bloe  
and of all other lyke these, so that  
the takinge of Terapygra shalbe.iii  
drammes. The weight of a dramme  
is two pens halfe peny.

¶ Terapini but .ii. drammes for  
that is more compounded wyth ve-  
nomyous medecines, and byolentes  
than Terapigra, therfore the lesse  
shalbe taken therof. Also of Be-  
nedicta may be.iii. drammes, Also  
of Blanca.iii. drammes. Also of  
pylularum archiarū shoulde be ta-  
ken.iii. drammes. Also of pylule  
aure.iii. drammes. Also pilularum  
de Euforbie.iii. drammes.

¶ Also of pilularum fetydū and  
of Stomatycū laxatiuum.ii. dram-  
mes. ¶ Also of Electuariuz dulce.  
ii. drammes. Also of Theodoriz-  
con

con anacardinum.iii.drammes.

Nowe I haue shewed you of the  
giuinge of the quantyte of medycy-  
nes, and the diuersite of them how  
we they auoyde superfluyte of fleu-  
me and colour.

Here beinmeth the quantytees  
to auoide Melancoly.

**A**S it is laide of Ieraphynne  
so we shall saye of Diacene,  
and the giuinge of the quantyte shal  
be an vnce. Hoc auicena. Also of Tri-  
fera Saracenica the receypte of it is.  
iii. drammes. Also of Theodozicon  
eupisticon.ii.drammes. Also the re-  
ceypte of Ieralodocion ii, drammes.  
Also of Caterica imperial.i.drame.

Now it shalbe sayde of the quan-  
tytees of medecyne.

**T**o auoyd colour as of Diapru-  
nis.ii.drammes. Also the re-  
ceypte of succa Rosarum be.iii.  
drammes. These be the mooste gy-  
uing



nyng of medecines compounded,  
**T**hose the medecines that wyll  
auoide colde humours.

**M**edecines that auoide colde  
humours of the brest and of  
his members and baynes, the firste  
is Gallinum that muste be sharped  
wyth.iii.drammes of Agryl, repres-  
sed wyth a dramme of the wyce of li-  
corice. **M**edecines that shulde  
purge cold humours of the stomake  
and of the lyuer shulde be sharped  
wyth.ii.drammes of Turbit, and re-  
pressed wyth a drame of the pouder  
of Pepper, or wyth Mirabolanus  
Indiis kebuly, as their quantities  
be sayde befoze, or wyth Esule ope,  
as is sayde befoze.

**T**hose hote humours shuld  
be purged and sharped.

**N**owe heate humoures shoulde  
be purged and sharped wyth  
Mirabolanus, Cytenus, or or wyth  
Rubarbe, or wyth Cassia fistula a-  
sinia,

linia, or with Tamaridis or Scamony. And there be any Dropsie of olde tyme fastened on the lyuer, the Medecine may not be sharped with Scamony, for they wolde take of þ skyn of the lyuer, therfore take Cusula or Rubarbe and to do the medecine as is before wozitten.

¶ Here after foloweth diuers and many colours of Urines, and euery Urine his Urinal, with tokens howe ye shall knowe the Disease of the pacient.



The Urine that is red as fyne gold, or elles as french gold, or neyther to thicke nor thynne, wyth a cleane and euen substaunce, betokeneth health in a sanguine man.



Urine yealow as an Orange or els lyke the iuyce of Celidonie, and thynne wyth an euen & cleane substance signifieth health of a colerike man.


Urine





Uryne w<sup>h</sup>yte o<sup>r</sup> pale, neyther t<sup>h</sup>icke no<sup>r</sup> to thynne, wyth a cleane and even substaunce betokeneth health in a me<sup>l</sup>ācoly man.


Urine white as water and not thynne wyth beames as they were yerdes apperynge in the myddes betokeneth syckenesse of the splene, The be tokens. Quertwhart swellinge in the syde wyth hardenes in degection a smal necke, a lene bodye, heuynesse and flouthe in all the body, & namely and they go against a hill, palenes of bysage, & swelling after meate.

Urine white and thynne wyth flesshely and longe resolucions muche in quantite and oft made betokeneth a sickenes that is called Diabites, and of the sayd syckenesse commeth t<sup>h</sup>yne ouer muche and vnmeasurable. The tokens. Great thurst, vnmeasurable d<sup>y</sup>nes of body, and this bredeth often the d<sup>r</sup>oply  
Urine

 Urine whyte and thyn, wyth  
small rounde motes betokeneth  
the colde goute. ¶ The to-  
kens. The pacyent is wanne of co-  
lour and shakynge.


 Urine white and thynne as  
water wyth a maner of darke-  
nesse and with grauell betoke-  
neth the stone, and the spryes therof,  
as it is shewed in the contentes.


 Urine whyte and thynne, long  
contynuyng wyth scales and  
blacke resolucions, betokeneth  
in womans water with holdinge of  
the floures. ¶ The tokēs ache in þ  
head & backe and the necke. In the  
nether part of the body, þ wombe de-  
spyzeth no meate and euyl appeyte.


 Urine wyth, great, and thicke  
and lytell in quantyte, freshe  
in the begynnyng, and after it  
wareth whyte and thyn, and muche  
in quantyte in the Iudycyall daye,  
betokeneth a feuer called Am-  
pherme



phisme, and some call it a feuer cotidian, and it signifieth solucion of the same feuer.

*STE*  
 Urine in the beginning white and like whay and thicke with grauel, and after thynne wpyth grauel with oute purgacion, signifieth the ston conserued and akynge in the raines. Suche vryne is mooste wicked & perilous, & the syckenesse is incurable, but it be by surgerye.

 Urine in the beginning redde and shyning as flames of fyre, and thynne, and after whyte and thynne, betokeneth the frensy. These be the sygnes. A feuer, Ague great thurle, alienacion of mynde, and many tymes they thynke theyr bed is full of straboe, and whan they can not fynd the strabo, they be meruelous wrothe.

 Uryne white and thynne, also as colour of lead with whitenesse betokeneth the Epilence,  
and

and the fallynge euyll. These be the  
tokens, heuines of heade, stouthe of  
the bodie, galpinge, quakyng of  
handes and fete, polucio of kind, pis-  
syng againste will. And the tokens  
come some yme before the Accys,  
saue polucion, & making of water.

**U**rine white and right thynne  
and clere and muche thynnyng  
and lytell grauell apperyng,  
betokeneth the Scotomye whych  
is called the darkenes of the eyes,  
wyth a swoym in the heade, which is  
called Vertigo. These be the to-  
kens, ache in the heade and namely  
in the forehead, darkenes of the eyes  
and ouercastynge of the vppermoste  
partyes and they se wheles goo, or  
rennyng water they fall downe, lo-  
thynge of meate, and ofte tyme ab-  
ominacion of the stomake.

**U**ryne white and thynne, with  
any euyll tokens betokens dea-  
the in a hate ague. And it haue

E.i.

Good



good tokene, ' it betokeneth solacion  
oz the Ague by an impostum vnder  
the myndzeze.


**U**ryne whyte and thyn, beto-  
keneth a Quartayne. And on  
the moztow it shalbe pale. And  
on the the thyrde dai, oz .iii. it shalbe  
whyte oz blacke.


**U**rine in an olde man whyte  
oz thynne betokeneth faylynge  
of strengthe and feblenesses of  
kyndly hete.

**U**rine white and thin in a child  
betokeneth noyinge, & faute of  
noyrschyng in his lymmes.

**U**rine white and thynne and  
ryght sotell in them that holde  
the selfe hole, betokeneth muche  
colde of faylynge of naturall heate  
that holde desye the meate, oz in the  
lyuer oz in the stomake, oz in the  
membres. ¶ The tokens be these.  
If it be in the lyuer, the face, and the  
lyppes shalbe wanne, and namely the  
the

the eye liddes shall swell, the lyuer  
is heauie and greuous. And it be in  
the stomake these be the tokens. Hea-  
uines, swelling, galpinge of the sto-  
make, the meate commeth out vnde-  
fied. And it be in other members all  
the bodi swelleth, and namely in the  
face, and the eyes do waxe feble.

 Urine white and thyn in leane  
people betokeneth wastunge of  
the substance of the body. These  
be the tokens. The face is waine,  
the eyes be holowe and drie, a softe  
heate like a softe feuer in the han-  
des lothinge of meate, but they wyl  
not be deceiued.

 Urine whyte and thyn in what  
syckenesse so euer it be, betoken-  
neth indegestion and feblenesse  
of all naturall heate. The tokens  
be these. Closinge of wynde vnder  
the ribbes and the sydes, rumbe-  
lynge in the wombe, swellynge of  
the sydes, heauines of the eyes and



ioyntes, flouthefull of all the bodye  
to fele oz to moue, and euyl dyspo-  
sed on the left syde.

○ Urine that is white and thicke  
and darke, and a litell troubled  
and yf thou put thy hande to it  
it hath a wanne colour, oz els like as  
thes, of longe tyme continuynge,  
betokeneth the colde Dropsye, that  
is called Lencosuecta. The tokens  
All the bodye swelleth, and the swell-  
ynge is neshe, and the thurst it  
endeth, but it ryseth sone agayne.

○ Urine white, and thicke wyth  
an vncleane substaunce, & wyth  
out grauell, betokeneth the raboe  
and viscus fleume in the guttes,  
oz els the colycke. The tokens.  
Ache and pryckynge and gnawynge  
in the syde oz holdyng a great parte  
of the wombe, abhominacyō, costef-  
nesse, with holdynge a greate parte  
vnder the nauyll. ¶ Tokens of  
the Flyake. greate knawynge of  
akynge

akynge, ofte breakinge, and at the  
laste, colde diseases, wakynge, and  
sometyme breakinge of ordure.

**U**rine white & thicke throug-  
hout with a wanne, and buclene  
substaunce, without a feuer be  
tokeneth haboundaunce of naturall  
fleume. ¶ The tokens. Ache in the  
hynder parte of the heade, indegesti-  
on, swellng of the sides, yf sauour  
of the mouthe muche spittinge, euil  
witte, great slepe and slouth.

**C**olor lacteus, it is agaynste  
kynde, byrne to be lyke mylke  
oz whay. ¶ There is no suche wa-  
ter as I speake of, for there is none  
so thin as mylke oz whaye, and it is  
contrarye to the coloure. ¶ Wherfore  
I saye whan byrne is lyke mylke  
and thin I say nat that it is perfyte  
thyn, but that it is mooste thyn and  
sombwhat thyrke, and it is called in  
Latyn Subremus. The byrne of  
E.iii. milke



mylke, whyte oz wheyſſhe, and thyn  
in the begynnynge of an Ague, beto-  
keneth deathe, and it hath yll tokens  
as Alyenacyon of mynde, waryng,  
yll appetite, ſhorte bzythe and feble-  
neſſe.

**U**rine whyte as mylke oz whey  
and thyn, and muche in quan-  
tite, in the ende of an Ague be-  
tokeneth health, yf there be good to-  
kens therin oz els nat, for he ſhall  
be long ſycke. This bzyne and it be  
lytell in quantyte, it betokenethe  
muche dryneſſe in the bodye, and the  
radygall moyſture, is conſumed  
both hete and dryneſſe. Alſo it beto-  
keneth muche Egeſtyon, the ſyre &  
febleneſſe in the lyuer. Alſo the ſame  
bzyne in another Feuer, tha an ague  
and lytell in quantyte, in the begin-  
nyng of the Feuer betokeneth very  
longe enduryng of the ſyckenefſe,  
oz death, but it be the ſoner holpen.  
This bzyne muche in quantyte in  
the

the declynynge of the heade of such  
a feuer betokeneth hasty healtre.  
Thys wyse wythout feuer beto-  
keneth that the bodye beginneth the  
Dropsye.

Urine white as mylke or whey  
and thyck wyth even and vn-  
cleane substance wyth grauell  
betokeneth the stone.

Urine white, and thyck wyth  
uncleane substance and wythout  
grauel, betokeneth the Colyke  
and Ilica passio. And these tokens  
be shewed before.

Urine white and thycke as  
mylke longe tyme before so con-  
tynuyng, betokeneth in the hin-  
der parte of the heade ache present.

Urine white as mylke, and  
thicke, the fyrste and new so ap-  
peryng betokeneth head ache  
comynge,



Urine white as milke, thicke  
and troubled and lytell in quan-  
tyte, with longe rounde & thicke  
resolucyon betokene the flire.

Urine white as mylke, and  
thypke with small graynes, be-  
tokeneth descencyon of fluma-  
tyke partyes and humours to some  
noble membze, wherof might be in-  
gendzed postume in þ same mēbze.

Urine whyte as mylke, thypke  
and fatte, and muche in quan-  
tyte betokeneth solucyon of an  
impostume

Color glaneus. Urine blacke  
that is chynge as the horne  
of a lanterne, white and nat  
perfite whyte, hath the same sygny-  
fycacyon as byrne whyte as was  
ther and thyn, but it is nat so mali-  
cious a colour, and therfore deme  
it is the other, but the whyte is mo-  
re peryllous. Also you muste vnder-  
stande

stande that thyeckenenesse and hys  
coloure may nat accorde, for that is  
shining maye not be thicke.

**C**oloz karapos. Thys bzyne  
is as falowe, as a Camelles  
skynne and thicke longe tyme  
befoze so a apperynge with a darke  
nesse and perturbaciou. And if thou  
put thy hande befoze it, it will be  
wanne and sadde as asthes. And  
also befoze the apperynge of thys  
bzyne it was whyte and thyn in ma  
ner of a darkenesse. And thys bzyne  
euer betokeneth a cold Dropsye con  
fyrmed & is called Lencostencia.

**U**rine falowe and thicke with  
grauell in the botom betokeneth  
the stone. This same bzyne with  
out grauell hathe the Colica passio,  
or lyke the passio, that is gendred in  
the viscus fleume in the guttes.

**U**rine karapos. Thys bzyne  
is falowe and thicke, and fro  
the middes of & bzyne bpwarde  
C.v.      wanne




waie of coloure , yf thou put thy ha  
de befoze it . And thys bzyne beto-  
keneth a postum vnder the longes.  
¶ The tokens be these folowynge.  
A feuer , an Ague, Ache vnder the  
left pappe, and anguyshe of þ breste  
hardnesse of the bzeth, and clerenesse  
of the boyt , & clerenesse of the eyes.


○ Urine karapos . Thys bzyne  
thykke and longe befoze so con-  
tynuyng, betokeneth head ache  
present . Thys same bzyne nat con-  
tinuyng befoze, but newe beginning  
betokeneth head ache comig in hast

○ Urine karapos . This colour  
salowe, and thycke and ryghte  
troublye and lytell in quantite  
boyth longe resolucyons oz rounde  
it betokeneth the flyre.

○ Urine karapos . Thys bzyne  
thykke and ryghte troublie so  
longe contynuyng boythoute  
resolucyons , but somwhat wanne  
oz pelowe through apperyng beto-  
keneth

keneth the colde Dropsy the whiche  
is called **I**psenta. ¶ These be the  
tokens. All the body doth swell, and  
the swellinge is muche harder than  
**L**ecostenica, but it is easyer to heale

 **U**ryne Karapos is from the  
middle downward wanne and  
somewhat turnynge to whyte  
it betokeneth the **P**ereplemorum  
as befoze is shewed.

 **C**olor **P**alydus. **U**ryne  
pale or Subpale throughtoute  
thypke with vnclene substance  
betokeneth the **F**euor Cotydyan of  
naturall feume. The tokens be  
these. Heuynesse of head and name-  
ly in the hynder part of the head, in  
degestion, Swellinge of the sides  
the **A**ccys euery daye begynnynge  
mooste in the thyrde houre of the  
nyght, and durynge at the mooste. xii,  
houres in great trouble. And tha he  
hath





hathe in sixe houres false reste, and  
in the sixt houres folowinge good  
reste. And it beginneth with great  
colde, and namely in the beginning


○ Urine pale oz subpale and thin  
in substaunce, betokeneth lord-  
ship, and hghnes of Melan-  
colie.

○ Urine pale oz subpale betwoene  
thycke and thinne insubstaunce  
thoroughout: but nat to thinne  
in the vppermoste partie of the u-  
rine betokenethe a feuer Cotydy-  
an genzed of a merueylous bytter  
fleume. The tokens be these fo-  
lowing. Ache of the head, with bit-  
ternesse of the spytell, indegestion,  
swellynge of the stomake, and ful-  
nesse of the spdes. This same vryne  
in a woman, betokeneth in Ma-  
strye. This same vryne fyrste appe-  
ring thin, and after that it beginneth  
to waxe

to waite thicke betokeneth degeſty-  
on of bytter ſleume . Also it betoke-  
neth ſolucyon of the feuer


 Urine pale or ſubpale and clere  
in ſubſtaunce and thynne in a  
feuer or Ague with tokens the  
whiche be good, as appetite ſtrength  
of vertue , confortyng of mynde, eaſy  
of good bꝛethe betokeneth ſolucyon  
of the Ague by a poſtume vnder the  
Mydꝛefe . This bꝛyne in an Ague  
woyth euyl tokens , that is to ſaye  
woyth euyl appetite , feble of vertue  
feblenes of mynde, harde bꝛeth and  
ſhort betokeneth death.

 Urine pale in colour and thyn  
aboue and wanne lyke aſhes,  
and fatte and lyke oyle , lytel in,  
quante , without the ſlire come v-  
pon the Thiſlike it betokeneth death.


 Coloꝝ Citrinus bꝛyne that is  
lowe or ſubcitrine and thin and  
even throughout in ſubſtaunce,  
and



and clere betokenethe as the falow  
colour. The tokens be these . Ache  
of the heade and namely the ryghte  
syde, fyrste bytternesse of the mouth  
abhominacyon of meate , bytyng of  
the mouth , and bytyng of the sto-  
make, also thou shalt haue greate  
ache in thy backe.

 Urine Citrinū oz subcitrinum  
and thynne with a thycke sub-  
stance in a womans water be  
tokeneth the Sincoppe , and that  
is faylyng of herte in mouyng , and  
some call it the crampe of the herte

*name  
of the* ¶ The tokens be these folowynge  
Quakinge of the herte , defaute of  
soule, that is to saie mouinge feble  
nesse of body.

 Urine Cytryne oz Subcitrine  
and thynne without apperynge  
like yards in the middle, oz like  
woundes , betokeneth the syckenes  
of the splen. These be the tokens  
folowynge. Swellinge of the sydes  
ouer

ouerbohart with hardenesse, indege-  
styon smalnesse of the necke, and of  
the excrementes, lewennesse of the bo-  
dy and ful of slouthe and namely yf  
they go agaynste a hyll, palenesse of  
face, swellynge of the sydes after  
meate. This same vzyne wythoute  
yardes and muche in quantyte be-  
tokeneth dzinesse of the liuer, These  
be the tokens folowynge. Fyfte ly-  
tell dege styon, leanesse of body, con-  
stypulacyon, affamosyte rennyng  
vp by the throte to the heade & bren-  
nyng the throte. Also ache vnder  
the ryght syde.

**U**rine Cytryne oz Subcitrine  
with yardes as is of the splene,  
and namelye, yf there be small  
motes blacke oz a wāne in þ botome  
of the vzyne, it betokeneth the Eme-  
tatodes, oz anye other that is called  
Artins with a darke & a blacke ma-  
ter gathereth aboue the foudament  
engedzed of bloud in party swelling.

vzyne



**U**rine Citryne, or subcytryne  
clere and thinne graynes or am  
poles betokeneth Dzinelle of the  
brest, and straytnesse and thurst wil  
lyng to drawe, in most ayze, coughe  
with Dzynesse of the throte, also Dzi  
nes in the rose of the mouthe of the  
pacyent.

**U**rine Cytryne or subcytryne  
and thinne longe tyme so conti  
nuynge in winter, or in Autump  
ne betokeneth the erratyke Feuer,  
or quartaine.

**U**rine Cytryne or subcytryne,  
and thin in a feuer, or ague and  
namely in the begynnyng be  
tokeneth Cardice of the mater, and  
prolyxte of the syckenes with euyl  
tokes. This in y<sup>e</sup> m<sup>o</sup>ddes of an ague  
or in his state, & before y<sup>e</sup> byrpe was  
reed or subreed wout iudicvall pur  
gacyon, betokeneth the fransye of  
violence


violence of the matter smytten vpon  
the bryne. And if there were a iud  
ciall purgacion befoze, and the sycke  
begynne to lyghte, it betokenneth  
health and declination of the ague.  
This bryne in a yonge man and an  
ague with it, and no good tokens,  
betokeneth death. And if there be  
good tokens, it signifieth prolixitie  
of syckenesse.


**O**Uryne Citrine or Subcitrine  
throughtout thyn in substance,  
in a fleumatike or melancolpe  
yonge manne betokenethe a symple  
tercian. This same in an olde fleu  
matyke or Melancoly manne signi  
fyeth a continuall feuer wythoute  
remedie.


**O**Uryne Citryne or Subcitryne  
and thyn in the vppermost par  
tie of the bryne, and thynner in  
the nether partie signifieth the same  
that the colour dothe, that is called  
Uryselma, and it signifieth the greates  
F.i. Diseases



diseases in the stomake, and more of  
the heade. This vrine in a chylde is  
called maior Emitticus, or elles a  
double tercian,

 Coloz Rufus, vrine Russe or  
Subrusse as gold, not so thicke  
nor thyn with cleane, pure and  
even substance, betokeneth a En-  
teratike bodie.

 Vrine Russe or Subrusse mea-  
nely thicke with even, cleane and  
pure substance betokeneth the  
healthe of a sanguine man.

 Vrine Russe or Subrusse, and  
thynne in a chylde betokeneth a  
feuer that is called maior Emi-  
tricus. This same vrine in olde  
men betokeneth that he is fleuma-  
tyke, and in a woman it betokeneth  
a double tercian, but if it be remysse  
aboue fro thens, the matter is aboue  
in the stomake, and if it be yelow  
aboue, the matter is aboue the gall,  
and if it be wannie aboue, the matter

is in

is in the spirytuall members.


○ Urine Rufe or Subruffe, and  
thyn longe continuyng befoze  
without feuer, betokeneth cha-  
fynge of, ouermuch hete in the liuer.


○ Urine Ruffe, or subruffe and  
tyght thynne about the vpper-  
moſte part yelow and thynning  
long befoze, contynuyng in wynter  
and in Autumpne, betokeneth a feuer  
quartayne of colour aduſt.


○ Urine Ruffe or subruffe mea-  
nely thynne, aboute thyck, and  
beneeth thynne, betokeneth a co-  
tidian of ſalte ſteuine. ¶ The to-  
kens be theſe folowing. Ache of the  
heade, ſaltneſſe of the mouth, fyrſt  
lothinge meate, abhominacyon of  
the ſtomake, heuineſſe of the eyes,  
and ſometime heuineſſe in all the bo-  
dy.



diseases in the stomake, and more of  
the heade. This vrine in a chylde is  
called maior Emitticus, or elles a  
double tercian.

 Coloz Rufus, vrine Russe or  
Subrusse as gold, not to thicke  
nor thyn with cleane, pure and  
even substance, betokeneth a En-  
trastike bodie.

 Vrine Russe or Subrusse mea-  
nely thicke with even, cleane and  
pure substance betokeneth the  
healthe of a sanguine man.

 Vrine Russe or Subrusse, and  
thynne in a chylde betokeneth a  
feuer that is called maior Emi-  
tricus. This same vrine in olde  
men betokeneth that he is fleuma-  
tyke, and in a woman it betokeneth  
a double tercian, but if it be reinythe  
aboue fro thens, the matter is aboue  
in the stomake, and if it be yealow  
aboue, the matter is aboue the gall,  
and if it be wanne aboue, the matter  
is in

is in the spryztuall members.

**U**rine Rufe oz Subruffe, and  
thyn longe continuinge before  
without feuer, betokeneth cha-  
fing of, ouermuch hete in the liuer.

**U**rine Ruffe, oz subruffe and  
ryght thynne about the vpper-  
moſte party yelow and thynning  
long before, continuing in wynter  
and in Autumpne, betokeneth a feuer  
quartayne of colour aduſt.

**U**rine Ruffe oz subruffe mea-  
nely thinn, aboute thicke, and  
beneath thynne, betokeneth a co-  
tidian of ſalte ſerue. ¶ The to-  
kens be theſe folowing. Ache of the  
heade, ſaltneſſe of the mouth, fyrſt  
lothinge meate, abhominacion of  
the ſtomake, heuineſſe of the eyes,  
and ſometime heuineſſe in all the bo-  
dy.



**U**rine Russe, or Subrusse,  
aboute thicke and beneth thinne  
and thou put thy hande to it, it  
wyl be wanne aboute longe tyme  
continuyng before with contentes  
lyke branne. ¶ These be the sygnes  
folowynge. A feuer Cypke. The  
tokens of the spyes of this feuer  
be shewed in the contentes. This u-  
rine but a whyle continuynge signi-  
fyeth a feuer that is called minor  
Emicicias.

**U**rine russe or Subrusse aboute  
thicke, and beneath thynne with  
a darke substaunce longe before  
continuyng signifieth a syckenesse  
that is called Sinopes, the whiche  
syckenesse is spoken of before.

**U**rine russe or Subrusse aboute  
thicke, and beneath thyn with  
a darke substaunce and with  
fmal resolucions signifieth the sick-  
nes to be after the appearing of the  
contentes

contentes as thus. Thou shalt deme  
the place of þ sickenes thus. If the  
contentes appere in the vppermoste  
parte of the body. If it be in the mid  
des, it is in the myddes of the body.  
If it be in the nether partyes, the  
syckenes is in the nether partyes, of  
the body. And they appere all about  
so the sickenesse is al about þ body.

**U**rine Russe oz Subrusse thin  
in an ague, betokeneth the hote  
Dropsy vncurable, the which  
is called *Alstons*. Also it betokene  
the another that is called *Tūpan*  
*tes*, and vncurable. For *Ippocras*  
sayeth in his *Amphoricius*. *Omnes*  
*namq3 idropis regitudine malum.*  
And so say other, *urina Rufa in iero*  
*pico mala*, Oz thus. *De urina rufa*  
*vel subrufa spissa vel mediocriter*  
*spissa.*

**U**rine Russe oz subrusse thicke  
oz indifferentlye thicke in sub  
stance, aboue darke with vn



clene & breuen substance, betokeneth a Colycke engendred of sweete fleume.

**O** Uryne Russe oz subrusse, meanely, thicke oz meanely thynne longe time continuinge, wanne in the vppermost party, betokeneth the dyscase in the sprytuall membrs engedred of salt fleume, if it be meanely thin and sweete fleume. And yf it be meanelye thicke, and there be a feuer the matter is in the spirituall membrs, ¶ These be the tokens folowinge. Cough, straytnesse of brest anguyshe of brest, and also anguyshe of harte.

**O** Uryne Russe oz subrusse, meanely thicke oz meanely thynne wanne aboue with resolutions, like scales, somtyme white and somtyme blacke, betokeneth that the woman is charged in the matrix wyth fleumy maters. Discerne, vt prius. ¶ These be the tokens folowynge.  
ache

ache vnder the left syde wyth stiffnesse of the wombe, and swellinge, and namely after meate.

**O** Urine Russe or Subrusse throughout all thicke in substance about shadowed, and darke without shyninge, betokeneth a continuall cotydyan engendred of naturall fleume.

**O** Urine Russe or Subrusse, throughout all thicke, and if thou put thy hand to it wanne about with resolucyons small lyke Brimstone a lytell white before contyngynge, betokeneth a feuer, that is called minor Emtiricius. **T**he tokens be these folowynge. Colde in the extrementes, from euen ongetyme, and so they be in greate trauaile, but nat so greate than to vndercome, and fro vndercome to euen longe tyme they be in false rest, and than beginneth againe the Accis or

f.iii.

feuer



feet and they lye in y<sup>e</sup> Pararum,  
wyth close eyes, and they maye nat  
well open them.

**O** Urine Russe, or Subrusse  
through thicke, aboue wane &  
troubled, betokeneth an impo-  
stume of the Hydrese that is called  
Aphurisis & thus thou shalte know  
it for y<sup>e</sup> lesse Emitricius before said  
As in the Plurisis the vryne hathe  
no dessent vanites than is in the les  
Emitricius. And also in the Pluri-  
sis is no suche Typus as in the les  
Emitricius.

**T**he tokens of the Plurisis be  
these folowynge. An Ague, pyking,  
ache in the syde, a contynual cough  
and hardenesse of the breth.

**O** Urine Russe, or Subrusse,  
thicke aboue, wanne, long tyme  
contynuing before, betokenethe  
a spise of the hote dropsy y<sup>e</sup> is called  
Albites incurable. This vryne be-  
tokens great disable brennyng hete  
much

much the thirste, brennyng and brea-  
kyng of Coleryke maters. Thys  
same brine litell continuinge be-  
tokeneth a Cotidian engendred of  
sweete flume. And the mater is in a  
man is in the spirituall members, &  
in a woman, the mater is in the ma-  
tric. ¶ These be the tokens folo-  
winge. Heuynesse of the brest with  
Graynesse, a cough, anguyshe of the  
spyryte, a cotidian hete.

Urine Russe or subrusse, re-  
mythe of colour fro the myddes  
bpwarde distynctlye. wanne  
lyke asches muste spumous in Plu-  
risye, and befoze was Russe and ex-  
tente of colour, betokenethe conuer-  
sion of the Plurisie into a Paripa-  
lemineum, ¶ which is an impostum  
in the chare or vnder ¶ arme or vnder  
the general members.

Uryne Russe, of Subrusse,  
thicke in substance, thicker  
aboue than beneth, yf thou put

f.v.

to thy



to thy hande wanne aboute, and on-  
lye with resolucyons that be called  
Claynoides longe before tyme con-  
tynuinge betokenethe the thre spy-  
ces of the Etike incurable. What  
Claynoides is, it is shewed in the  
contentes.

*Wlegm* **U**rink Russe or Subrusse, tho-  
roughout al thicke with vnclene  
substaunce, betokenethe a cory-  
dyan, egendzed of swete fleune.

**T**he tokens be these folowynge.  
Heupnesse of the head, sweetenesse of  
p<sup>r</sup> mouth, fastidye & abhominacyon.

**C**olor rubens. Urpne reed or  
subreed as Safron is throug-  
hout thyn, and aboute shadowed  
and moze thicke than benethe, be-  
tokeneth a symple tertyan. **T**he  
tokens be these folowynge. Ache in  
the heade on the ryght syde, thirste,  
bytternesse of the mouth, also tyke-  
lynge and mounynge of the fleshe.

Here

**H**ere after folowing thou mayste  
lyghtelie knowe and perceyue  
what medecines be good for  
parte of suche vynes as  
be spoken of  
before.

**Karapos.**

**T**he beste medecines for this  
vyn Karapos is to auente  
the in the legges, and to vse crop-  
pes of Sage, and drinke Triosan-  
dely and vse it.

**Kyranos.**

Take the bone that is in the Hartes  
herte, and make pouder thereof, and  
drinke it and vse it Diacameron.

**Plumbea.**

Take Scamonye and do it in a  
Peare and rost it, & vse it. Also take  
the rote of Diony, Berfley, & biscus  
querri, and make pouder of all these  
and vse it ale or in potage.

**Inops.**

Take



Take Sauaine, and Gromell,  
and boyle them wyth whyte wyne,  
and Hony and scume them wel. Also  
drynke them early and late.

### ¶ Lactea.

Make a dryncke of the seede of  
whyte Poppy, and Letuse and drike  
it. Also make oyle of Henbane seede,  
or els make an oyntment of þe herbe  
of Henbane, and anoint thi temples  
therwith.

### ¶ Alba.

Make a drynke of Saxfrage,  
Gromell, Perslye, and Sage, and  
boyle them all in stale ale, and vse  
the powder of them in thy potage.

### ¶ Glance.

Take the ioyce of Tansy and of  
the reed wort, and boile the in whi-  
te wyne and a lytell Hony therwith  
& vse this medecyne earlye and late.

### ¶ Nigra.

Drynke the ioyce of Selydone,  
and Molayne, and Treacle wyth  
white

white wine of Galcoine early & late  
Valida.

Take Mirabolanus Indie and Aloes  
Epaticum, Sene, and Ginger,  
of Aloes a drame, & of all the other  
an ounce, and vse this medecine ear-  
lie and late.

Subpallida.

Make powder of Tette, and of  
the seede of towne Cresses, & some  
seede, and vse thys medecine in thy  
potage.

Viridis.

Take Ginger, Canell, and Sene  
and temper them with Honey. Also  
the rote Saturation, Musterde seede  
and Pepper, of al lyke much and tem-  
per them with Honey. Also let blood  
vnder the ancle betyme, or in the  
vaine of the arme.

Subviridis.

Take a pynte of white wine of  
Galcoine, and a dramme of Aloes  
Epaticum, and drinke a sponfull  
of



at euen and another at moztowe.

**Citrina.**

Take Lycorps, Figges, Flope  
Egrimony or Horehound, & Glens  
rampana, & boyle them all together  
in a gallon of water, vnto the halfe  
be wasted, than strayne aboape the  
herbes fro yoyce & vse it erly & late

**Subcitrina.**

Take pouder of Plivedramis,  
Aloesepatike & mingle them with  
Sugar, and vse it in thi potage.

**Rubicundus.**

Take Vineger and Musterd,  
and boile them together, and than  
take as muche as a nutte of Treacle  
and do thet to and eate of this when  
the sicnesse taketh the. And vse Dia  
cameron and Trialandaly.

**Subrubicundus.**

This medecine is as Rubicun-  
dus is.

**Rafus.**

Take Honye and sethe it tyll it  
be harde

be harde, and do thereto powder of  
Sene and Ginger, and make a pla-  
ster of Butyre and wine, and it bee  
the floures laie it on the navel.

### Subzusus.

Make powder of Enula campa-  
na, and Turmentyll, and medle the  
with Hony and boyle them together  
and make a confeccion, and vse thys  
medecine firste and laste.

### Rubeus.

Take Treacle and bolle it in the  
iuyce of Molein and drinke it. Also  
Triasandaly is good theretore.

### Subrubeus.

Take watercresses, and grynde  
them small, and boyle theym wyth  
white wine and drinke it.

### Herball.

All they that desire to haue know-  
ledge of Medecines, for all suche  
uzines as he before in this booke  
ga ye to the Herball in Englyshe,  
or to the booke of Medecines, and  
there



there you shall fynde all suche  
decines that be mooste profi-  
table for manne.

F F F S.

Here ende the

the Booke of sernge of Waters.

Imprinted at London by

Thon Waley dwelling

in Foster lane

MUSEVM  
BRITAN



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